

TOUR O THE BORDERS

SUPPORTED BY

fi'zi:k



TWO VALLEYS LOOP

DISTANCE: 33KM

CLIMBING: 509M

BERRY BUSH

Distance: 6KM / Height: 170M

Av. Gradient: 3% / Effort: 2/5

WITCHYKNOWE

Distance: 3KM / Height: 172M

Av. Gradient: 6% / Effort: 4/5

In the first of our series of training rides you'll experience some of the best of what the Borders has to offer. The Two Valleys Loop is a 33km tour of the Ettrick & Yarrow Valleys. The route has two significant climbs which are sure to get you working hard. Don't worry though, there are some lovely places to stop, should you need some sustenance.

Beginning at the Gordon Arms, head south up to Berrybush on the B709. Take care and enjoy the descent down to Crosslee where you'll turn left on to the B7009. Head along the Ettrick Valley for 7km until you reach Kirkhope where you'll take another left. This is the start of the Witchyknowe climb, a Borders classic. Savour the views as you cross back to the Yarrow valley and again take care and stay at a safe speed as you descend. After Crossing the bridge at Yarrow re-join the A708 heading west to where you started.

STOPS ON THE ROUTE



Gordon Arms:

Well known for its Traditional Music & Real Ale, the Gordon Arms will be reopening on 25th March 2016. Check the website (thegordonarms.com) for more information.

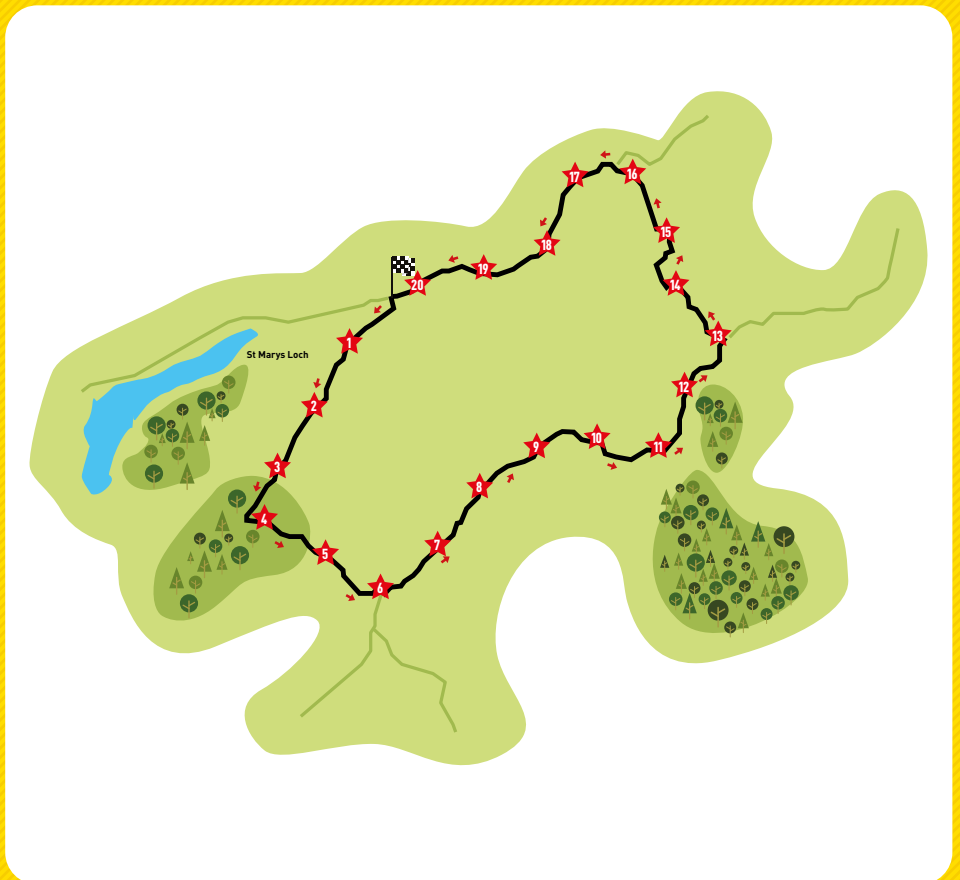


Cross Keys Inn

Ettrickbridge:

Accommodation, home cooked food and real ales, Cross Keys Ettrickbridge provides an ideal base for people staying and exploring the Scottish Borders.

Don't forget to keep checking the **Tesco Bank Tour o the Borders** website for the next in the series of rides.



MORE INFO AT TOUROTHEBORDERS.COM

